



# LESSON PLAN

## OVERVIEW:

Just about everyone knows that the legal drinking age throughout the United States is 21. But according to the National Center on Addiction and Substance Abuse, almost 80 percent of high school students have tried alcohol. In 2007, Mother's Against Drunk Driving estimated the average age at first alcohol use was 16.8 years.

In this lesson, students will talk about the legal drinking age, as well as discuss the cost of not complying.

## ACTIVITY:

In small groups, students will list all of the information they know about alcohol. They also will name as many of the consequences of underage drinking as they can come up with. Have them compare their answers with those in the other groups. Then they will discuss how these outcomes will affect them long term.

## EXAMPLES:

- ▶ Being suspended from school
- ▶ Not being allowed to graduate with their class
- ▶ Being kicked off their sports team
- ▶ Losing college scholarships
- ▶ Having driver's license revoked or suspended

EMAIL Mr. Corabi at [tcorabi@yahoo.com](mailto:tcorabi@yahoo.com) with your answers  
OR

place your completed 1 page list you create in your student internet folder. If you place it in your folder, shoot me a quick email to tell me so I can look at it

## FACTS ABOUT UNDERAGE DRINKING:

- ▶ It is associated with academic failure.
- ▶ It can cause changes in the structure and function of the developing brain, which does not finish maturing until a person is in his or her mid to late twenties.
- ▶ It is associated with the use of tobacco products and illegal drugs.
- ▶ It increases the risk of physical and sexual assault.

## LEARNING OBJECTIVES:

Students will show their understanding of the consequences of underage drinking.

